

# EFC Ladies Retreat 2026

Event Timing: March 20-22, 2026

Event Location: Southern Alberta Bible Camp

Contact committee chair, Cindy Hume at (403) 545-6625 or [efcladiesretreat@gmail.com](mailto:efcladiesretreat@gmail.com) with any questions.

Make cheques payable to:  
Bow Island Evangelical Free Church

Mail to:  
Bow Island Evangelical Free Church  
Box 8  
Bow Island, AB T0K 0G0

Send e-transfer to:  
[finance@bowislandefc.com](mailto:finance@bowislandefc.com)

**\*\*\*Please write in description your name and that it is for Ladies Retreat Registration\*\*\***

**\* Indicates required question**

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1. Name \*

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2. Email \*

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3. Phone # \*

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4. Age Group \*

*Mark only one oval.*

- 16-18
- 18-30
- 30-40
- 40-50
- 50-65
- 65-75
- 75+

5. Home Church (please give the full name or N/A if you don't have a home church) \*

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6. What days will you attend? \*

*Check all that apply.*

- Full Weekend: Friday evening, all day Saturday, Sunday morning (\$195)
- Saturday Only (\$100)

7. Roommate Request (please list no more than 3 names) \*

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8. Do you have mobility issues? \*

*Mark only one oval.*

- Yes (please indicate in Special Accomodations your needs)
- No

9. Are you bringing a baby? (Breastfeeding or under 1 year) \*

*Mark only one oval.*

Yes (please indicate in Special Accomodations your needs)

No

10. Special accommodation request. (ie. Breastfeeding mom, unable to sleep on top bunk, CPAP machine)

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11. Dietary restrictions (Gluten-free, Dairy-free, Vegetarian etc)

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12. Activity COST - 2 Bookmarks \*

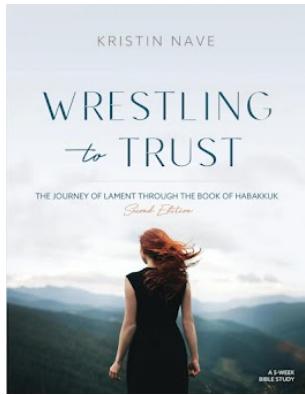
*Mark only one oval.*

Yes (Cost \$10 additional)

No thanks.

13. You can pre-order Kristin Nave's devotionals, and they'll be ready and waiting for you when \* you get to retreat!

*Check all that apply.*



I'd like to pre-order "Wrestling to Trust: The Journey of Lament Through the Book of Habakkuk" \$28.50

I'd like to pre-order "Hidden In Him: A Refuge in the Day of Trouble" \$28.50



I will not pre-order any books.

14. Payment Options \*

*Check all that apply.*

- I'll mail a cheque now to Bow Island Evangelical Free Church for my entire cost.
- I'll send an e-transfer to [finance@bowislandefc.com](mailto:finance@bowislandefc.com) for my entire cost.